



## Corporate Profile



**Anne Bakyaita**

*Director – Cedarpalms Investments Ltd.*

Empowering Wellness, Purpose and Personal Growth

## Professional Summary

Anne Bakayita is Director of Cedarpalms Investments Ltd., a NLP Coach and Health&wellness products distributor. She supports individuals and organisations to achieve personal clarity, improved wellbeing, and sustainable personal growth through structured coaching programmes in career enhancement, transitioning, personal development training, and practical lifestyle interventions. Her work focuses on helping people overcome fear, self-doubt, and limiting beliefs while building confidence, purpose, and healthy life habits.

## Core Areas of Expertise

- Leadership, Career and Business development
- Personal Development & Life Coaching
- Neuro-Linguistic Programming (NLP) Practice
- Purpose and Clarity Coaching
- Motivation & Mindset Training
- Health & Wellness products distribution
- Social entrepreneurship training
- Group Workshops and One-on-One Coaching

## Professional Experience

**Director – Cedarpalms Investments Ltd.**  
Ongoing

Anne leads the strategic direction and delivery of health & wellness products and personal development programmes under Cedarpalms Investments Ltd. Her responsibilities include designing and facilitating structured coaching sessions, delivering purpose-driven and mindset-focused workshops, supporting clients to improve confidence, emotional resilience, and personal effectiveness, and providing individual and group coaching for personal and professional growth.

## Key Programmes

- Clarity Wellness Coaching (one-on-one sessions)
- Purpose and Personal Growth Programmes
- Motivational and NLP-based Workshops

## Professional Affiliations

Member and Leader – Business Network International (BNI), Uganda.

Member Coaches and Mentors of South Africa (COMENSA).

International Trainers Academy of NLP (ITA) Certifying institute  
Grinder. Bostic. Carroll.

NLP Certifications Global Standards NLP Modelling Excellence

## Vision and Philosophy

Anne's professional philosophy is centred on helping people flourish emotionally, mentally, and socially. Her work promotes holistic wellbeing through clarity, self-awareness, discipline, and continuous personal development through coaching using NLP and Clarity4D methods and tools.

## Values

- Timeliness
- Integrity
- Excellence
- Dependability

## Services Offered

- Personal wellness coaching
- Purpose and clarity coaching
- Personal growth and mindset workshops
- NLP-based behaviour change sessions
- Group wellness programmes for organisations and communities

## Geographical Coverage

Online.